

# September

## St. Charles Borromeo Bobcat Cafe

**FOOD IN  
FOCUS**



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

### Did you know?

The U.S. constitution was signed on September 17, 1787!



4

Soft Beef Taco  
Fiesta Rice  
Sweet Golden Corn  
Sweet Strawberries

5

Garlic Buttered Noodles  
Garden Salad  
Fresh Apple Slices  
Teddy Grahams

6

Toasted Ravioli  
Seasoned Broccoli  
Mandarin Oranges  
Chilled Pudding

7

Cheese Stuffed Bosco Stick  
OR  
Pepperoni Hot Pocket  
with  
Cucumber & Tomato Salad  
Orange Wedges  
Fresh Baked Brownie

1

**HALF DAY**

**NO LUNCH**

French Toast Nibblers  
Crispy Bacon Slice  
Yogurt  
Frosty Peaches

11

Mini Stuffed Tacos  
OR  
Frito Taco Salad  
with  
Fiesta Rice  
Flame Roasted Corn  
Frosty Cherries

12

Chicken Alfredo Pasta  
Garlic Breadstick  
Garden Salad  
Diced Pears

13

Dinosaur Chicken  
Nuggets  
Seven Layer Salad  
Bright Blueberries  
Brownie

14

Golden Grilled Cheese  
Green Beans  
Orange Wedges  
Oreos

15

Pancake & Sausage Bites  
Golden Hash Browns  
Frosty Peaches  
Yogurt

18

Orange Chicken  
OR  
Chicken Nuggets  
with  
Steamed White Rice  
Seasoned Broccoli  
Fortune Cookie

19

Cheese Stuffed Bosco  
Stick  
Green Beans  
Orange Wedges  
Brownie

20

Corn Dog  
Smiley Fries  
Bright Blueberries  
Jiggly Jell-O

21

**BELLACINOS PIZZA**  
Sausage Slice  
Salad  
Oreos

22

Fluffy Pancake  
Pork Sausage Patty  
Fresh Melon  
Creamy Yogurt

25

Hamburger on Bun  
Tator Tots  
Buttered Corn  
Sweet Strawberries

26

Baked Macaroni & Cheese  
OR  
Baked Potato w/Toppings  
with  
Green Beans  
Mandarin Oranges  
Cinnamon Goldfish

27

Crispy Chicken Strips  
Golden French Fries  
Garden Salad  
Ice Cream Cup

28

**NO SCHOOL**

29

### Plate Lunch Prices

Pre-School \$ 3.00  
Grades K-2nd \$ 4.50  
Grades 3rd-8th \$ 4.85  
Extra Entrée \$1.95  
Ala Carte Milk or Bottled Water \$.50

### SALAD OF THE DAY

Monday-BLT Salad  
Tuesday-Taco Salad  
Wednesday-St. Louis Hill Salad  
Thursday-Chef Salad  
Friday-Chicken Caesar Salad

### MANAGER SPECIALS:

Sept. 12<sup>th</sup> - Churro \$1.25  
Sept 13<sup>th</sup> - Large Chocolate Chip  
Cookie \$1.50  
Sept. 19<sup>th</sup> - Smoothie King Angel  
Cake \$3.75  
Sept. 26<sup>th</sup> - Ice Cream Sandwich  
\$2.50

Please check your **FACTS**  
account, Thank you!

**MENU IS SUBJECT TO CHANGE**

Contact our dietitian  
at [lisa@foodserv.org](mailto:lisa@foodserv.org) for special  
dietary concerns

For more information about FSC or  
employment opportunities, please go to  
[www.foodserviceconsultants.org](http://www.foodserviceconsultants.org)

